



Vitamin Infusion Therapy Expectations

- Feelings to expect at the injection site may include a pin-prick like sensation, swelling, bruising and/or itching.
- Temporary feelings experienced during certain vitamin, mineral, electrolyte, amino acids and hydration therapies may include an increase or decrease in heart rate, warm flushing sensation, itching, tiredness, increase in urination and/or bowels movements. Know these feelings are short in duration while your body takes on its natural process.

Chemical Peels

- If you regularly use topical retinols, AHA's, Hydroquinone, bleaching or tanning products please avoid their use 3 days prior to your treatment.
- Make sure the areas to be treated are clean, dry and without creams or makeup prior to and for the first 24 hours after your treatment.
- Avoid picking, peeling or scratching the area.
- Common side-effects depends on the product used and includes temporary redness (erythema) or mild "sunburn" like effect that may last a few hour to 3-4 days, mild swelling, itching and temporary darkening or hyperpigmentation.
- Some peels are more noticeable than others and may flake or appear as an overall dryness.
- Protect all exposed areas with at least 30 SPF.

Thank you for allowing me to provide your treatment!

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